

ROGAINING

THE SPORT OF CROSS-COUNTRY NAVIGATION

The Official Publication of
the Western Australian Rogaining Association.

Volume 34 No 2 April 2013

How to Rogaine “Successfully”

Saturday 25th May 2013

WARA is holding another *How to Rogaine “Successfully”* seminar at the Lions Dryandra Woodlands Village, Cuballing.

This training is intended for beginners or those who have never been rogaining — as well as for more experienced rogainers who wish to brush up on their techniques.

Travel down to Dryandra on the Friday afternoon/evening or early Saturday. Travel home on Sunday after exploring Dryandra Woodlands. The cottages will be booked for both Friday and Saturday night. There is no cost to WARA members or other attendees. Accommodation is limited to 40 people, and will be allocated on a First In, First Served basis.

Come and learn:

- ❑ Essential items for a successful rogainer:
 - on the course
 - at the campsite
- ❑ Rogaine navigation techniques:
 - approaching controls
 - using tracks & contours
 - pace counting
 - day and night navigation
- ❑ Map study and course preparation, day & night!
- ❑ The rules of rogaining
- ❑ Relocating when you are lost
- ❑ Afternoon and night navigation exercises with experienced leaders



Autumn 12 hour Rogaine: The Wannamal Wander

4th May 2013

The autumn 12 hour rogainer will be held on Saturday 4 May. The area chosen for the event is about 20 kilometres north of Bindoon between the Bindoon – Moora road and the Great Northern Highway. The area has not been used before and is closer to Perth than the events held in the New Norcia area. The country is quite hilly in the west and it flattens out towards the east. From some of the higher hills there are good views of the Wannamal lakes and the sand plains to the west. This is farming land so there is not a lot of bush. Expect to be able to move quickly over much of the course. The setters expect the elite teams will collect all the controls or go very close to doing so as the area being used is not very large.

There will be easy access to the Hash House site from a bitumen road. You can bring your caravan or camper trailer. If you come after dark on Friday night it will not be difficult to find a camping spot. The Hash House is situated in a

(Continued on page 5)

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WA Rogaining
Association



It is a great weekend away!

- ❑ Accommodation is in cottages that sleep 8 to 12 people. Gather a group of friends and bunk together!
- ❑ No camping
- ❑ Dryandra is about 1 ¾ hours south east of Perth. Directions and more details will be sent to attendees.
- ❑ WARA will supply lunch, morning and afternoon tea on Saturday.
- ❑ The seminar will begin at 9.30am on the Saturday.

RSVP by May 20th to Andy Molnar (amolnar@iinet.net.au). Or phone Warren Smith on 0407 773 697.

Please provide the following information:

- Names of attendees; their postal addresses; phone numbers; and whether they will be staying on Friday night, Saturday night or both.



WARA Contact Details

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Map Bank

Ian Thomsett

Membership & Event Entry Manager

Name, phone & address changes to:
Sue Monter c/o PO Box 321
Bayswater 6933
or via CampingOut@bigpond.com

Event Entry Enquiries:
Call Sue on (08) 9472 6822
before 9 pm

Partner Matching Service
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National Contacts

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WARA Calendar

2013

May 4 Autumn 12 hour
May 25 Rogaining Techniques
... training weekend
Jun 22-23 Winter 24 hour
+ Schools Champs
Aug 17-18 Spring 24 hour
+ State Champs
Sep 7 Setters, Veters & OCAD
... seminar
Oct 19 Spring 12 hour
Nov 16 Novelty Event

2014

Feb 15-16 Upside-down (night) 12 hour
Mar 16 Shortie 6 hour
May 3 Autumn 12 hour

Selected Interstate and Overseas

Date	Event	State
May 25	8 hour	SE Qld
May 25	Fosters Winery 3 / 6 hour	N Qld
Jul 27-28	11th World Champs	Russia
Aug 17	6 / 12 hour	SE Qld
Aug 17	Lake Macquarie 6 / 12 hour	NSW
Sep 21-22	ACT Champs	ACT
Oct 19-20	Vic Champs	Vic

Contacts

Nth QLD	(07) 4032 4567	ACT	(02) 6249 9019
SA	(08) 8339 6496	SE Qld	(07) 3300 4339
Vic	(03) 9646 5253	NT	(08) 8941 1059
NSW	(02) 9797 6773	Tas	(03) 6225 1255

Full calendar is on the web at
rogaine.asn.au/Calendar

The Western Australian Rogaining Association
is sponsored by

WARA Web Page

<http://wa.rogaine.asn.au>

WARA ABN Number

59 610 662 297

Postal Address

PO Box 1201
SUBIACO WA 6904

Deadline for the next
newsletter is by close of
business on
**Monday 13th May,
2013**



Look for WARA on
Facebook as
WA Rogaining Association



Department of
Sport and Recreation



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Our Volunteers... join them now !

Autumn 12hr 4 May (Beyond) Bindoon	Winter 24hr 22 & 23 Jun	Spring 24hr 17 & 18 Aug State Champs	Spring 12hr 19 Oct	Novelty Event 16 Nov	Upside Down 12hr 15 Feb 2014
Setters Paul Szijarto Jim Langford	Setters Bill Baxter Geoff Hearne	Setters Tim Sikma Ken Harrison Paul Harrison	Setters Peter Kelly Peter Stevens Colin Kelly Kevin Kelly Alan Kelly Adam Kelly James Kelly	Setters Peter Hamilton Kathy Hamilton	Setters
Vetters Chris Reid Al Jansen	Vetters Jeff Conrades Bernadette Benson Rolf Schatzmann	Vetters Greg Kirk Patrick Tremlett Denis Sawers	Vetters John Najar Andy Molnar	Vetters	Vetters
Admin Warren Smith Mary Coley Don Coley Daisy McCauley (L) Owen Horton Diedre Cole Karen Handley (Total 7 needed)	Admin Warren Smith Rod Jurich Keith Mann Peter Mann Emily Gifford Tim Gifford Louise Smith (Total 7 needed)	Admin Lil O'Toole Karen Kirk Alan Kelly Carole Baxter Sue Joyce Margaret Werner Warren Smith Louise Smith (Total 7 needed)	Admin Julia Ellen Chris Ellen Lesa Muir (Total 7 needed)	Admin	Admin (Total 7 needed)
First Aid Brian Handley	First Aid Ann-Marie Merredith	First Aid	First Aid	First Aid	First Aid
Hash House Sue Donnady Heather Bott Virginia Abson Lulu (Wendy) Birch Margaret Langford (Total 12 needed)	Hash House Theresa Howe (L) Lois West Dale Clemons Lorraine Clemons (Total 15 needed)	Hash House Mark Brownell (Total 15 needed)	Hash House Bronwyn Grieves Lulu (Wendy) Birch Lisa Chandler Zoe Chandler James Chandler (Total 12 needed)	Hash House	Hash House (Total 15 needed)
Truck Driver Bryan McClintoff	Truck Driver Greg Kent	Truck Driver	Truck Driver Janet Musker	Truck Driver	Truck Driver Colin Kelly Andy Molnar
Trailer Driver	Trailer Driver	Trailer Driver	Trailer Driver	Trailer Driver	Trailer Driver



Results: Sardine Sprint Upside-down



Place	Team	Team members	Awards	Score	Elapsed
1	5M	Ricky Thackray, Mark Imbert.....	1M,1st	4260	09:22:43
2	2M	Paul Williams, Andre Morkel.....	2M,2nd	4260	10:40:40
3	41M	Bryan McClintock, Aaron Hearne.....	3M,3rd	4040	11:54:46
4	26XV	Lesa Muir, Ian Thomsett.....	1X,1XV,4th	3560	11:44:08
5	23MVS	Jim Klinge, Peter Beyer, Chip Lundstrom.....	1MV,1MS,5th	3400	11:30:30
6	46M	Stephen Gray, Richard Wainwright.....	6th	3340	10:45:14
7	3M	Neil Tinley, Richard Nicholls.....	7th	3330	11:34:15
8	14M	David Symons, Dan Mullan.....	8th	3070	11:24:22
9	50M	Carrick Geary, Michael Bausor.....	9th	3070	11:53:54
10	8XV	Julie Bull, Kevin Norris.....	2X,10th	3050	11:30:15
11	9M	Jonathan Bell, Justin Lingard.....		2970	11:03:30
12	13XV	Jim Langford, Ann Smithson.....	3X	2870	11:53:10
13	11WV	Colette Sims, Al Jansen.....	1W,1WV	2840	11:50:00
14	35XV	Janet Musker, Tim Sikma.....		2640	09:46:40
15	49X	Michael Gandy, Rebecca Ford, Kim Lapere, Michael Turner.....		2600	10:30:45
16	10MVS	Paul Szijarto, Bernie McKenzie.....		2430	09:39:01
17	53W	Anna Harding, Elizabeth Harding.....	2W	2290	08:16:35
18	30X	Timothy O'Brien, Jane Campbell, Peter Trenaman, Alex Williams.....		2270	11:42:30
19	1M	Michael Sandstrom, Ian Spencer.....		2250	10:46:07
20	31M	Szymon Szczypkowski, Pawel Babinski, Adam Babinski.....		2190	10:08:25
21	29M	Ben Ball, Tristan Bagshaw, Daniel Jacobs.....		2150	11:14:23
22	42M	Martin Hale, Heath Flatters, Barry Hardwood.....		2130	11:30:03
23	52M	Alastair McCutcheon, Chris Hicks.....		2050	11:50:27
24	40MN	Arnold Eden, Sean Lynch.....	1N	2040	11:26:08
25	48X	Steven Gandy, Julie-Anne Riseborough.....		2000	09:02:40
26	20X	Emma Sellwood, Bryce Crage.....		1420	07:31:44
27	24M	Ken Maxfield, Brett Fairhead, Nathan Seal.....		1400	05:49:40
28	7MV	Bradley John, Mark Wolstenholme.....		1360	07:49:59
29	34X	Donna Ruyg, Christian Benini.....		1320	09:32:07
30	43M	Chris Maher, Jack Walker, James Walker, Mark Lawson, Kevin Johnson.....		1260	05:12:47
31	33X	Krystal Leong, Tristan Mander.....		1250	04:50:56
32	54X	Brodie Lewis, Emma Kelly, Matthew Storms, Bronwyn Achemedei, Jameson Bruce.....		1250	07:15:59
33	18XV	Gerard Massam, Sue Monter.....		1100	05:15:46
34	37XV	Bill Baxter, Andrea Morgan, Alison Reid, Yasmin Taylor, Gunter Werner.....		1030	06:18:13
35	45M	Mark Cunningham, Callum Cunningham, Campbell Cunningham.....		870	07:32:39
36	44X	Sarah Heal, Michael Giblin.....		830	06:19:27
37	28WV	Libby Drenen, Marion Harding.....	3W	800	07:40:45
38	32WV	Doreen Hughes, Lyn Shaw.....		750	11:37:31
39	38MVS	Peter Mann, Keith Mann.....		730	05:27:54
40	47M	Colin Manes, Tim Wong.....		710	06:19:54
41	39WV	Jane Carpenter, Judith From.....		580	06:42:22
42	25WV	Katherine McCann, Tracy Cullinan.....		530	09:19:01
43	15X	John Cugley, Kym Smith.....		480	03:50:45
44	4X	Linda Daniels, Liam Daniels, Jared Oldland, Nicole Oldland.....		370	03:47:14
45	17X	Peta Tournay, James Kelly.....		340	04:08:12
46	36XV	Ron Zappara, Carole Ziegler.....		340	08:04:49
47	27W	Natasha Sparg, Joanne Ding.....		340	11:38:03
48	16X	Selina Wilson, Joshua Chainey.....		320	03:04:29
49	19MN	Adam Nolan, Paul Batskos.....		290	11:48:04
WDN	6MVS	Geoff Hearne, Jeff Conrades.....			Lift back to HH

Key: M=Men, W=Women, X=Mixed

V=Veteran, S=SuperVet, U=UltraVet, J=Junior, I=University, F=Family, N=Novice, K=School



Hi Rogainers,

2013 is off to a flier: the USD (upside down rogaine) set by Doug and his team went very well with two teams completing the whole course, well done Ricky Thackray, Mark Imbert and Paul Williams, Andre Morkel. At very short notice we secured the Bindoon Catholic Agricultural College farm to run our event. Many thanks to the college principal Geoff Hendricks and farm manager Kevin for their support and assistance. And also thanks to our volunteers, regular rogainers are aware that without volunteers these events just wouldn't happen.

The AGM has come and gone. Retiring members Bill Baxter, Emma Langford and Judy Wenban, thank you for your commitment and input on the 2012 committee and enjoy your rest because I'm sure we will see them on future committees when commitments allow. Welcome to new committee members Ann Smithson (secretary) Shane Lewis (committee and ARA rep) and Ian Thomsett (vice president).

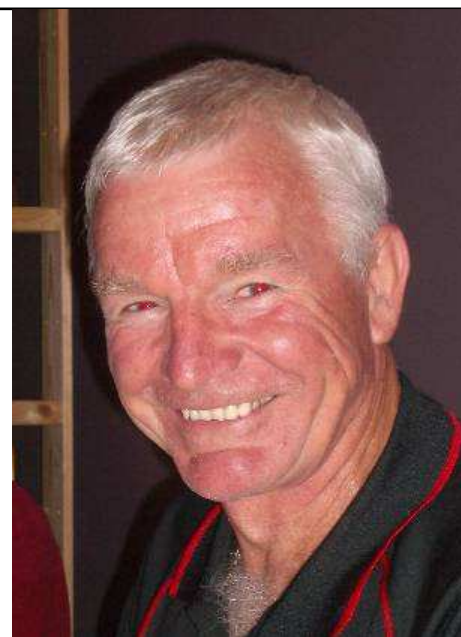
Dates for your diary: The next event set by Jim Langford and myself is in the Wannamal area and is virgin rogaine country. The farmers we have met have been very friendly and supportive with access to their land holdings and we may see a few of them try a little rogaining as well. Always keep in mind that when on private property respect the property and the farmers livelihood. See the event teaser for more information and hope to see you there.

How to rogaine better: WARA have a training day scheduled to the 25th May in Dryandra organized by Warren Smith and this is where you can learn to improve your rogaining skills. It starts off with basic map and compass work to course selection and then some night navigation. The training day is free of charge, all you need to do is put the date in your diary, contact Warren or any committee member and book your place. There are only 40 places available so if you

book and can't attend please let us know so wait-listed people can attend. No-shows are frowned upon.

The setting and vetting training day is scheduled for the 7th of September and is a must for any rogaine volunteering to set an event. The setting and vetting manual is being revised and will be available for this training day. In addition to general revision new segments in the S & V manual will include GPS and Sat phone policy and use.

The just completed 6hr Shake Rattle and Roll proved popular with 240 entries and the weather was just about perfect. Thanks to the setting team led by Peter (Skippy) Beyer and the Camel farm owner Chris Ohora for use of his facilities. Congratulations to Shane Lewis, Paul Williams on another fine win. Judging by the scores this event has become very competitive. Initially this was an event where experienced rogainers had the opportunity to bring novice and potential future rogainers to give rogaining a go. I think we should en-



deavor make that the purpose of the event with the aim to increase our membership base.

Till next time, have a great Easter drive safely and see you at the next event.

... Paul

Wannamal Wander

(Continued from page 1)

part of the course where some of the most interesting features can be found. Social teams will be able to pick up a good score in great rogaining country.

The setters have had a great time planning this rogaine. (The vettors have not been set loose on the course at this time). We had one day when it rained most of the day and it was a bit hot and humid on occasions but expect the weather in early May to be beautiful. We hope that as many as possible of the WARA members will come and enjoy the challenge we have set for you. Come and camp on Friday and Saturday nights and enjoy the full rogaine experience.

Why have we called the event the Wannamal Wander? We would like to acknowledge the residents and farmers of the Wannamal district for allowing us to use their land. They have all been agreeable and helpful. We have also been able to camp at the Wannamal rest area where there are toilets, a barbecue and some shelter. The rest area is maintained by the Chittering Shire and the local residents.

... Paul, Jim, Al and Chris

Sardine Sprint: winners route



Western Australian Rogaining Association

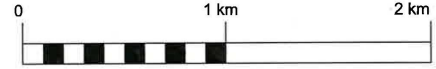
The Sardine Sprint

WARA 12 Hour USD Rogaine

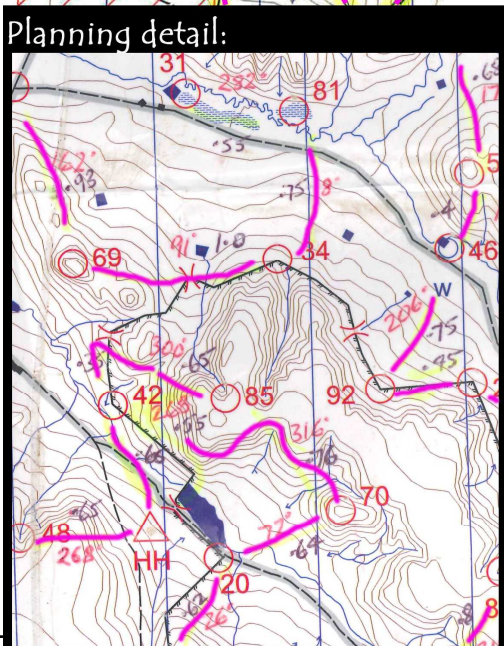
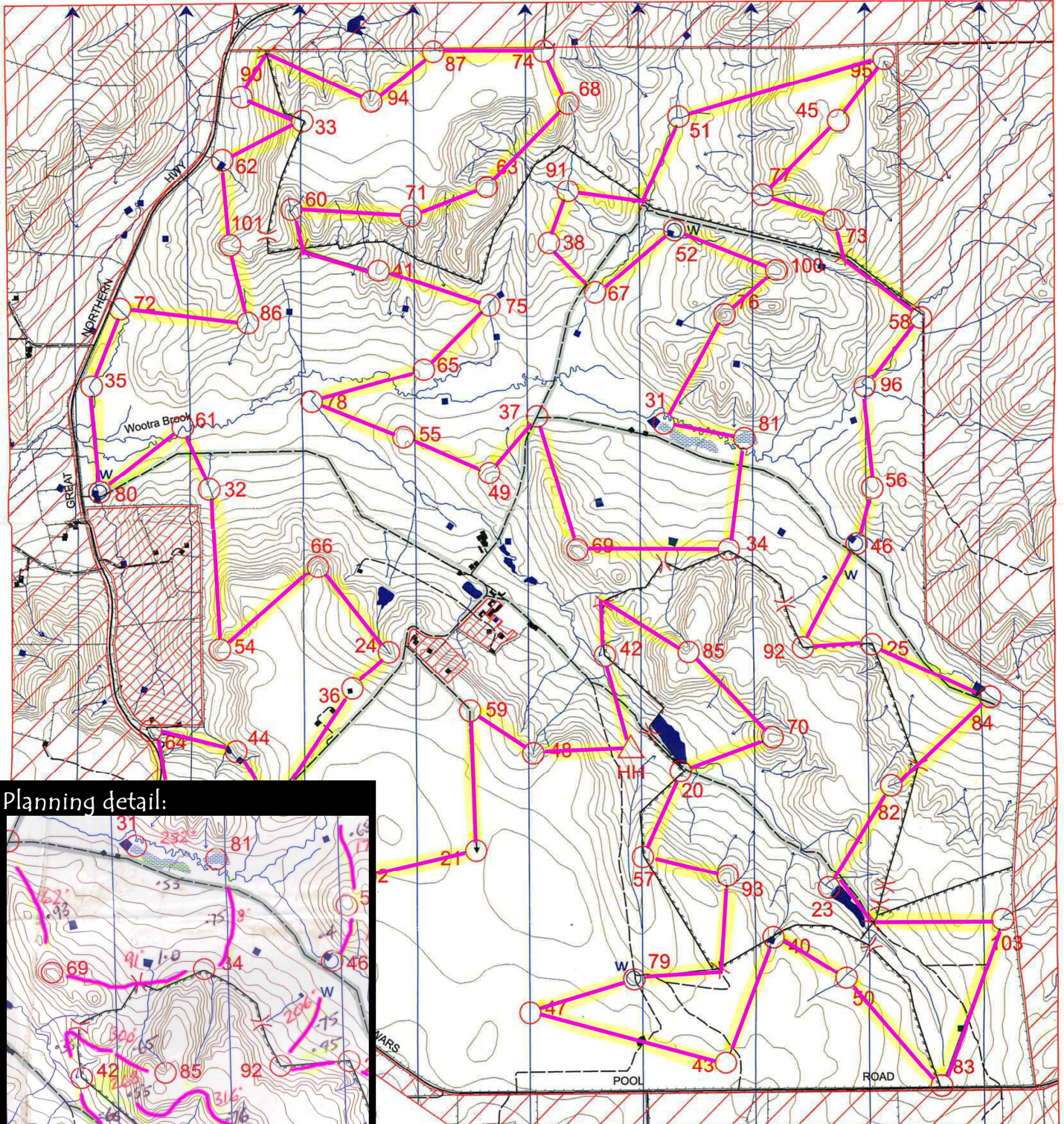
23 -24 Feb 2012



Department of Sport and Recreation



SCALE 1:25,000, 5 metre contour interval



This map was produced using OCAD.
Data supplied by DOLA and used under copy licence 393/93. Possession of this map does not give right of entry to this area.

Special thanks to Geoff Hendriks, Kevin Marshall and the Catholic Agricultural College for land access permission, camping area, and assistance with event planning, and to Craig Derma and Vikki Redden for last minute help hanging controls.

SETTERS
Doug Goodale
John Goodale

VETTERS
Dave Longman



australian rogaining championships 2013



Entries Now Open

It's official.

Registration for the June 2013 Australian Rogaining Championships has commenced.

Please join us for the first Tropical National Rogaining Championships in Australia (or New Zealand).

Just 40 minutes drive on the Kennedy Highway from Cairns International/Domestic airport, the HH is on a working cattle property, and the event course covers 205 square kilometres of mostly state forest - primarily spur / gully with open woodland to tall open forest and the only rainforest being riparian^(*) along main creeks.

On site camping with an area for Campervans and RV's is the principal accommodation, however just 18km east is the 'village in the Rainforest', Kuranda, where accommodation from caravan park on-site camping and cabins to luxury resort style and B&B's are available.

The 2013 event commences Saturday June 22nd^(**) at Midday.

The Championship event is 24 hours and we also offer a 12 in 23 hour roving category.

As the 21st June is the commencement of the mid year Aussie school holidays, we recommend flights be booked ASAP to avoid disappointment.

The weather in Far North Queensland is the envy of Australia in June, whilst freezing temperatures and torrential rain are the norm for the southern climes, we bask in 27c days and mild evenings with average June rainfall of 12mm.

What are you waiting for - get online at adventuresportnq.info/arc2013 and enter your team and be in the running for \$1000 of primo racing/ casual gear and the event of a lifetime.

(*) Riparian: Of, relating to, or situated on the banks of a river. Of or relating to wetlands adjacent to rivers and streams.

(**) Yes, the same day as our WARA Winter 24 hour rogaine :-)

Set and Run !

I am unable to help you I'm afraid. I was not at the rogaine as I was out of the country for all of February. Doug and David ran the event immediately up to and on the day. Doug is now somewhere in Malaysia as part of a 2 year backpacking trip to Canada. I will forward your email to him.

Regards

... John



There is an interesting article in the latest Victorian rogaining newsletter, a report from a Spanish rogaine. One paragraph could be important:

Rogaining is a very different sport in Europe. Its an interesting place to visit if you love the sport, but it lacks some of the really enjoyable things that we take for granted rogaining in Australia. In truth, rogaining is really an extension of orienteering in Europe, whereas in Australia they are quite distinct. As a result, it appeals to competitive people. Its certainly more a race than in Australia where its a social event and for some an excuse to go for a walk in the bush.

Why could this be important to West Australian rogainers?

IRF — the international rogaining federation — are encouraging rogaining around the world. To do this, they encourage setting of rogaines by people who have little or no actual rogaining experience. Typically, this would be experienced orienteers.

Having set a “rogaine” or two, these orienteering rogainers become national representatives with IRF. They bring their knowledge and experience — as orienteers who have set a rogaine — to IRF. They are then in a position to influence future directions of the IRF. They are then in a position to influence the rules and standards of rogaining.

The rules and standards of rogaining are being influenced more and more by people whose background and knowledge come largely from orienteering. It is no surprise then, that “rogaining is really an extension of orienteering in Europe”.

So what?

So orienteering influences European rogaining. This influence extends to IRF. IRF could set rules and standards to suit European “rogainers”... International rogaining rules could become more and more like an extension of orienteering.

And by the rules of our membership of the international federation, WARA could be forced to follow these gradually changing rules.

Is this a problem?

I believe so.

... *Nick, the Editor*

New WARA Secretary



Hi folks! I have just joined the WARA committee as secretary. Of course, I joined committee to put something back into rogaining, nothing to do with the President putting me in an armlock until I said "yes"..... Anyhow, our esteemed newsletter editor decided you all wanted to know something about me, so I got to thinking about life before and at after rogaining.

Before

I was a very sad character living in the UK - where rogaining does not exist. Imagine! In desperation, I spent weekends in "the hills" navigating myself between car and pub. "Hills" are in fact bogs interspersed with pointy rocky stuff that can only be seen through the fog and driving rain for on average 10 seconds per day. Not getting lost was a Good Idea - warm beer being significantly preferable to hypothermia.

After

I am a very happy character who has discovered rogaining! I can now navigate between tent and hash house knowing I will likely have dry feet, without fog I am marginally more likely to spot a navigational feature, there is wonderful food and great company to be had at the hash house, a nice points score if all goes well, and maybe even a cold beer at the end. And of course, I might just beat the scores of the odd few blokes teams as well! Life is now a happy place :-)

... *Ann Smithson*



... It's an interesting article, for more than just the part that I have extracted! You can read the entire article online, at vra.rogaine.asn.au ... Follow the link to the March 2013 newsletter. Page 9, “A Rogaine in Spain Results Mainly in Some Pain” by Jon Sutcliffe.



Dear Editor,

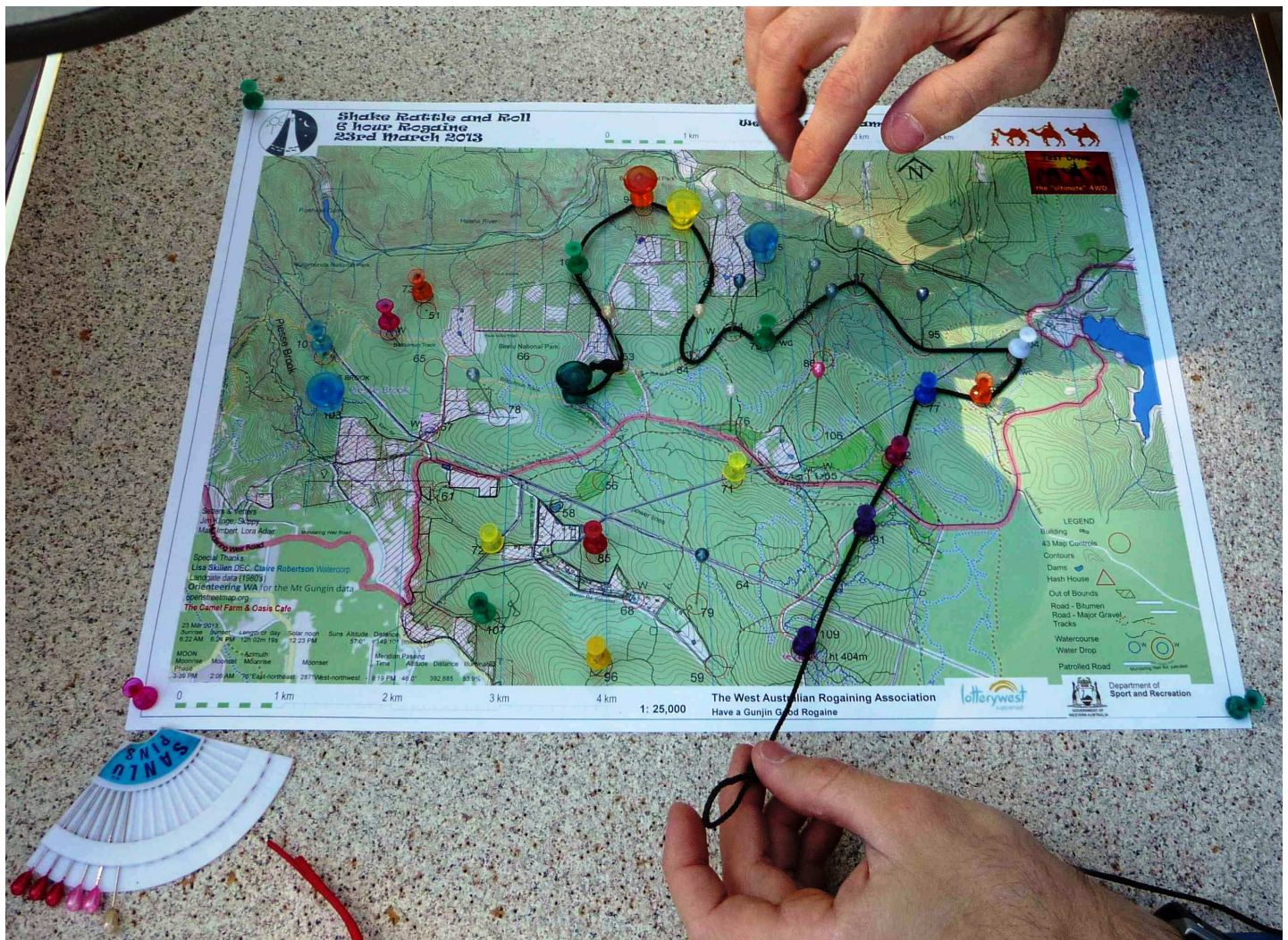
If ever I needed a reminder of why I love rogaining, I was gifted it on Saturday. I was fortunate enough to be part of the team working admin at the 6 hour rogaine. Everywhere I turned, I saw a smiling, friendly face. Whenever there was a need to do something, there was a dozen eager volunteers. No sooner had the truck arrived, it was emptied by familiar faces and complete strangers who kept asking what can I do next. Admin was set up in record time. Competitors and participants alike turned up, all smiling, registered and disappeared to plan their day's adventure. Just before the start, a milling crowd of happy, friendly, laughing people materialised from seemingly nowhere and as the hooter went they disappeared in quick time. The afternoon was spent reading, snoozing, chatting, drinking coffee with, again,

some complete strangers who quickly turned into friendly, chatty fellow rogainers. As the evening wore on, teams started to trickle in - families with infants in backpacks, groups of friends - young and old - out for a days walk. All with smiling but slightly tired looking faces. Then the rush came and people waited patiently as the results were processed. There was no hash house, but people made their own and all that was missing was the fire to focus on. Never a grumble or a grizzle was heard, never a frown was seen. Even the guy with the gash in his arm was smiling. Then, at the end, once again a mysterious army of helpers materialised, packed it all away and said good bye until next time.

It seems rogaining brings out the best in people.

Cheers,

... Ian Thomsett



Results: The Shake Rattle & Roll



Place	Team	Team members	Awards	Score	Elapsed
1	16M	Shane Lewis, Paul Williams	1M,1st	2970	06:02:30
2	81M	Grand Joldes, Wayne Eliot	2M,2nd	2400	05:54:20
3	53M	David Symons, Dan Mullan	3M,3rd	2180	05:53:34
4	2X	Natasha Sparg, Ricky Thackray	1X,4th	2020	05:52:45
5	68X	Ann Smithson, Sjur Nafstad	2X,5th	1990	05:56:24
6	15W	Lesla Muir, Belinda Brooks, Cindy Morgan	1W,6th	1910	05:57:46
7	84W	Anna Harding, Nicole Petersen	2W,7th	1630	05:31:00
8	72MN	Dave Lindner, Blake Edwick, Michael Tuffin	1N,8th	1560	05:50:05
9	37X	Jutta Kober, Robert Van Haeften	3X,9th	1560	05:55:17
10	91X	Michael Gandy, Rebecca Ford, Helen Gandy, Joel Duffy	10th	1530	05:52:49
11	11M	Ian Spencer, Michael Sandstrom		1520	05:45:00
12	14M	Leslie McGill, Steve Pearce		1460	05:23:50
13	59X	Bernhard Klingseisen, Christian Hirt, Doris Payrer		1460	05:35:35
14	60M	Sten Claessens, Duncan Hall, Xin Liu		1460	05:36:40
15	51X	Greg Jolley, Elana Williams		1440	06:07:58
16	13MV	Phillip Brown, Tim Griffin	1MV	1430	05:51:05
17	5XV	Geoff Hearne, Natalie Brown	1XV	1410	05:41:36
18	77X	Abigail Smeaton, Raphaelle Cardyn, Shane Greene, Nickolas Brown		1410	05:50:27
19	27X	Robert Boekelaar, Linda Russell, Dave Page, Ceri Page, Daniela Trimboli		1410	06:02:25
20	83X	Alastair McCutcheon, Leah Schulz		1400	05:56:33
21	20MVS	Paul Szijarto, John Najar	1MS	1380	04:45:20
22	17MVSU	John Tanner, Dick Blom	1MU	1370	05:20:05
23	28XVS	Jeremy Knowles, Silvia Klemenz, David Oakley	1XS	1370	05:41:15
24	87M	Bill Baxter, John Taylor, Gunter Werner		1350	06:00:00
25	35M	Arnold Eden, Sean Lynch		1320	05:19:00
26	22XVSU	Peter Hamilton, Kathy Hamilton	1XU	1300	05:45:40
27	73XV	Mark Lawson, Jenny Tollet, Graham Patrick, Jens Eliasson		1290	05:01:20
28	19X	Pip Milton, Geof Fooks		1290	05:04:45
29	57X	Alex Williams, Jason Peck, Shannon Kiernan		1280	05:50:10
30	30WV	Christina Stadler, Grace Patorniti	3W,1WV	1250	05:13:40
31	23XV	Ian Grose, Debbie Grose, Wendy McIntyre		1230	04:47:10
32	18X	Gerard Massam, Tyler Clement, Sue Monter		1220	04:37:00
33	39MN	Daniel Eves, Jacob Eves		1210	05:49:38
34	66W	Colette Sims, Susan O'Hanlon		1210	05:53:20
35	33X	Emma Sellwood, Bryce Crage		1200	04:46:03
36	42X	Mark Shandley-Jones, Louise Shandley-Jones, Edward Urquhart		1200	05:46:18
37	90W	Caroline Caly, Eve Caly		1190	05:18:35
38	85MV	Matthew Jones, Cameron Calzoni		1190	06:13:25
39	79MVS	Peter Mann, Keith Mann		1180	05:32:00
40	86M	Marcus Klinge, Matteo Scoccianti		1180	06:05:03
41	25X	Christine Murray, Rohan Murray		1170	05:50:20
42	50XN	Tony Beresford, David Taylor, Jayne Beresford		1150	05:57:54
43	7MVS	Ron Oliver, Kerry Cox		1140	05:52:12
44	49W	Rosalie McCauley, Daisy McCauley		1120	05:22:40
45	58XVS	Noelle Dawson, Lois West, Rob West		1080	04:14:46
46	80X	Michael Pearce, Megan Villanueva, Anna Ikier		1000	05:12:08
47	1XV	Katherine McCann, Bruce Armstrong		990	06:09:45
48	8XVSU	John Major, Jennifer Major		980	05:22:40
49	56X	Jane Campbell, Stuart Darbyshire		970	05:15:00
50	82M	Nathan Seal, Brett Fairhead, Ken Maxfield		940	04:37:40
51	78XF	Neil Tinley, Hannah Tinley	1F	940	05:28:30
52	76X	Adrian Sharpe, Brodie Lewis, Emma Kelly, Brie Jenkin		940	05:38:21
53	46XVS	Nick Lethbridge, Debra Lethbridge, Gaye Moretta		890	06:00:00
54	32XV	Lyn Shaw, Doreen Hughes, Dave Moon, Liz Moon		870	04:56:53
55	65X	Gary Dorn, Kaaren Dorn, Michael Barnes, Ruby Dorn, Alex Gregan		860	05:36:55
56	41X	Jane Carpenter, Judith From, Jakob Thompson		800	04:08:02

(Continued on page 11)

Key: M=Men, W=Women, X=Mixed

V=Veteran, S=SuperVet, U=UltraVet, J=Junior, I=University, F=Family, N=Novice, K=School



Place	Team	Team members	Awards	Score	Elapsed
<i>(Continued from page 10)</i>					
57	38XVS	Brian Austin, Anne Austin		780	03:51:00
58	24X	Sandra Keetch, Sheila West, Martin West.....		760	04:59:00
59	64XF	Peter Trenaman, Leah Trenaman, Rachel Trenaman, Thomas Trenaman, Amelia Trenaman		750	03:25:50
60	10W	Lynda Frewer, Jemma Diedrichs		710	05:39:20
61	70XN	Daniel Alway, Cameron Wallace, Carol Kane		700	05:34:19
62	40WN	Nicole Arrold, Kelly Botha.....		700	05:48:00
63	88M	Brett Elkington, Antony Mehanni, Rodney Palmer, Stuart Sellner.....		690	03:19:46
64	4XNF	James Christie, Amanda Christie, Charlie Christie		670	03:09:05
65	36W	Dana Russell-Brown, Ruth Mansi, Shaye McAllister		670	04:05:00
66	6X	Eleri Collins, Martin Haylett, Ann Collins		660	03:14:00
67	47X	Khalin Driver, Travis Hall		660	04:43:55
68	92X	Timothy O'Brien, Ellen Blackwell		660	05:52:30
69	43XF	Mark Cunningham, Sheryl Taylor, Callum Cunningham, Campbell Cunningham.....		650	05:54:14
70	29W	Kathy Hughes, Heather Bennett		640	04:11:27
71	52MF	Peter Kelly, Scott Kelly		630	03:23:03
72	74XF	Andy Lane, Aidan Lane, Asha Lane, Cindy Lane, Sue Lane		630	04:21:49
73	69X	Jenny Dalrymple, Iain Dalrymple, Josephine Dalrymple, Melissa Hitchcock		630	05:13:35
74	61XF	Chris Unwin, Julie Phelps, James Unwin		550	03:11:25
75	26XV	Marion Harding, Peter Harding		550	04:32:50
76	54MN	Peter Hoiles, Simon Grayston.....		540	03:40:59
77	71X	Paul Del Fante, Shaan Pawley, Arran Stewart.....		530	04:50:10
78	62X	Monique Taylor, Rick Mundy		510	03:35:00
79	44XF	Alan Cox, Moreen Cox, Mason Eves, Sasha Eves		510	03:50:32
80	63X	Brigita Ferencak, Marco Licht.....		510	05:14:10
81	31W	Selina Wilson, Joy Norton, Alana Russo.....		470	05:02:00
82	55XN	Joseph Lim, Victoria Wong, Richard Davy, Karen Dancer		440	03:41:00
83	45WV	Andrea Morgan, Alison Reid, Leanne Reid, Yasmin Taylor		410	05:43:17
84	12XF	Rafer Gluyas, Claire Gluyas, Addison Gluyas		400	02:51:02
85	67X	Cressida Lehmann, Daniel Lehmann, Eric Lehmann, Holly Raudino, Tony Raudino		340	02:58:37
86	9X	Tereena Goodwin, John Goodwin		340	03:08:40
87	48X	Sarah Heal, Michael Giblin		40	00:15:09

**Setting, Vetting and OCAD:
the Essential Seminar
Sat 7th Sep 2013
venue: DSR, Leederville**

The Western Australian Rogaining Association is sponsoring another Setting and Vetting Seminar. Organise your rogaine partners and come for a valuable experience. Setting and Vetting a Rogaine is both enjoyable and rewarding.

▣ Learn how to make your own rogaine !

More details to be released soon ...

Found in the Spam folder, apparently scrawled on a used tissue of email ... illegible words omitted:

... October 2012 ... esteemed president ... succumbed to the heat of Nannup and the superior athletic ... of his partner... back in the patrol vehicle ... good natured and well deserved ribbing by fellow rogainers ... The Legend ... cast out barbs and offer witticisms like ...

... February 2013. The ... mild night that was perfect for rogaining, teams covered inordinate distances and ... except for ... person in particular who couldn't hack it and spent a large part of the night ... The cause ... upset stomach ... However, on this occasion, the suffering ... Legend... couldn't ... previously dished up. ... rescued by the patrol car ... skulked away to ... quietly and quickly packed his bags and took off rather than face the music. ... missed the chance to dish the dirt.

Thank goodness ... mighty ... the keyboard ... credo "never ... truth get in the way of a good story"

... still luv ya! [*indecipherable iPad reference*]



I think it was Peter, one of the setters (white hair) who I spoke to before the Rogaine - asking me to let him know how we went and how we planned the course. Team 64, I convinced the wife and 3 kids to come along and try it out for a day!

I looked for him as we finished (about 6.30pm) and he was off on a patrol .. so I took a piece of paper with the intention of getting back to him. Unfortunately fatigue overcame some of the younger members of my family and squabbles started - so we bundled everyone into the escape pod and hit the home button.

Here are the details:

The team: wife and 3 kids (12,14,16) - all fit: they train 3 times a week with swimming.

Expectation 3kmh on tracks, so approx 10km, perhaps up to 12 if everyone is feeling good.

Time limit: sun down = 3/3.5 hours

The plan:

There are options for extras along the way, but the purpose is to get them away from the electronics and into the bush, introduce them to Rogaining and perhaps sow the seeds for later in life...

- From HH down the Bibbulmun Track and then cross country to 66.
- Then heading due west, hit the B-Track and head north west to the corner of the road, take a bearing and do 200m cross country to 65
- back to the track and up to 81 (water)
- stay on the track down to 101
- follow the power poles to 67 (water) (exit strategy #1)
- then onto to 58 the same way (exit strategy #2)
- up to 56 cross country then back to the ne-sw power poles line (or due east to track and then down - either way) and up to 71.
- head north to 76 (exit strategy #3)
- at that point we decide if we are feeling good to follow the track up

to 74+water

- then back into camp along the track catching 84 and perhaps 53.

Total 12 controls netting us 800 points, 11.5km (about 8 of that on tracks).

The actuality:

After the novice talk (I've been a member for some time, so stayed back and planned the course - when Peter came over and looked at my map) my guys felt good .. both wife and oldest 2 children had done some compass work previously. The younger 2 children had done collection games at camps so we quickly converted the experiences all around to work with Rogaining strategy.

Headed out of HH, couldn't find 42 so would come back

Stick to plan to cover 66 and 65. The girls decide we can do 51, so they take a bearing and the lead and we nail it cross country coming out of the parrot bush on a line about 2m east of the tank. Beautiful.

Speak to an older couple coming back from 73, they say its just over the hill so we scramble down and grab the 70 points and admire the view. Photo op and we're back on the course.

Heading back up to 51 we go cross country on a bearing and hit the B-track (as planned) about 50m east of the water drop. Describing to the kids what we are looking for (the white drums), son spots them and we complete the control down the gully for 80 points.

Pick up the track again and head to 101 .. find it and inadvertently lead another party who cant see it (due to whoops and shouts of "100 points dad!"). The team who are following us talk about 103 .. and as we head back up to the power poles and down towards 67, the family decide that we can do it if we take the track heading south that we see just near 103. So we do .. then instead of heading down onto the road we return to the power poles and trek to 67 (a mistake, but not major).

The kids have had enough of the gravel hills, and the prospect facing us (heading east south east along the power poles) doesn't thrill them, so we walk with some oldies (the same ones who told us about 73 - we've caught them up) who are going to 61. And as the kids strike up a conversation with them we walk down past the harvesting (staying out, but fascinated with the process) and take the points.

Youngest slips over (shock rather than injury) on the way back to the road, so Mum decides we should start heading back .. so we return to the Mundaring weir road and walk east until we get back to the power poles junction. We leave the road, strike due north and get 78 with a minimum of fuss.

Then it's back on the track to the HH - remembering to punch 42 as we do.

Quick tally 750 points, about 11km across 11 controls. Very reasonable effort for my family of first timers!

Kids are happy, wife is moderately pleased with herself (no blisters and it's just muscle soreness rather than damage). Everyone thinks they like it enough to do more .. so my usual running mates and I will have to balance the competitive with the family.

Funny story before I head to bed (for the 30km freeway bike hike tomorrow) - as we were punching 42, a team of girls (2 experienced and a first timer) were stopping for a toilet break and debating whether to stop. The noob wanted to quit - but once they found out we had more points than they did at the time, they couldn't let a family with kids beat them! Ha! Hope they did well!!

Thanks for setting, vetting, admin .. I will help out later in the year (they understand now, so I've started planning some extra time to help).

Regards

... *Peter Trenaman*

=== *Funnily enough, it's Lilo & Stitch who have got it right: "family means no one gets left behind"*

Wannamal Wander 12 hour rogaine (10am to 10pm Sat 4th May 2013)

Event Entry and Membership

1. Enter all of your team members' personal and payment details (maximum of 5 people per team)


Privacy Statement: WARA will not disclose members' contact details unless it is for regular rogaine business. See <http://wa.rogaine.asn.au/privacy>

Online entry preferred: wa.rogaine.asn.au/entry

SURNAME [on top row]	Birth Date	Home Phone		Postal Address	Member Status	Fees					
		Gender (circle)	Mobile			1 Annual Membership	2 Event Entry	3 Compass Hire	Total		
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NB: Every entrant must be a current member of a rogaining association. If you are not, then you must join WARA.
Member Status: write the applicable letter in the Member Status box above
C = If you have paid this year's membership fee **N** = If you have never been a member
R = If you were a member last year **L** = If you are a life member
P = If you have previously been a member, but not last year
 If you are a member of another Australian State Rogaining Association — please tell us which association.

If you are not sending a stamped self-addressed envelope, please add \$2 for return postage.



TOTAL

Membership and Entry Fees

- Event Entry fees and categories are based on your age on the first day of the event
- Annual Membership fees are based on your age at the time of payment and are valid for the current calendar year. Membership expires on Dec 31st

Adults	people who are 18 years of age or older
Juniors	people aged between 10 and 18 years
Children	people who are under 10 years of age

Fees (first 12 hour rogaine)	Adults 18 years or over	Juniors Between 10-18 years	Children Under 10 years
1. Annual Membership (calendar year)	\$12	\$6	Free
2. Event Entry (this event)	\$32	\$16	Free
3. Compass Hire (per event)	\$5 each	Return damaged = \$15 fine Not returned = \$60 fine	

Deadlines/Cancellations

- Event entries close last mail received on **Wed 24th April 2013.**
- No entries will be accepted past this date.
- There will be no refunds for cancellations after the closing date.

No late entries

This is a tax invoice in accordance with Australian Tax Office requirements.
 Western Australian Rogaining Association
 PO Box 321
 BAYSWATER WA 6933
 ABN: 59 610 662 297

Wannamal Wander 12 hour rogaine (10am to 10pm Sat 4th May 2013)

Event Entry and Membership



2. Team Class – circle ONE of the classes appropriate for your team:

W	Women	All team members are female.
M	Men	All team members are male.
X	Mixed	Team has at least one female AND at least one male.

Important Note

Please ensure that current details are provided when completing this entry form. Failure to do so will result in database errors, which may affect the team members in the future. Please fill in all entry form boxes, and write 'n/a' for not applicable as necessary.

3. Team Categories – circle ANY of the categories appropriate for your team profile:

Junior Supervision – Groups of 10 or more Juniors MUST be supervised throughout the event at the hash house site by a non-competing adult. Any competitor under 14 years of age MUST be accompanied by at least one member 18 years of age or older.

J	Junior	All team members are 14 years or over and are under 18	V	Veteran	All team members are 40 years of age or over.
I	University	All team members are students at any tertiary institution.	S	Super Vet	All team members are 55 years of age or over.
N	Novice	All team members are competing in their first rogaine after their 10th birthday (not including 6 hour or shorter events).	U	Ultra Vet	All team members are 65 years of age or over.
F	Family	All team members must be a family composed of children and their parent(s) or step-parent(s) or grandparent(s) and at least one team member must be younger than 14 years of age.	C	Cadet	All team members are Cadets and are juniors in the majority (CALM Bushrangers, State Emergency Service, St. John's, Police, Army, Navy, Air Force, etc).

4. Enter your payment details here

Enclosed is my cheque / money order made payable to Western Australian Rogaining Association or debit my credit card for \$.....

Mastercard Visa

Card Number _____ - _____ - _____ - _____ - _____

Customer Name on Card _____

Card Verification Number _____ (3 digit number printed on the signature panel on the back of the card)

Expiry date/...../..... Signature

- This event entry is only valid if lodged with FULL PAYMENT.
- Please do not pay with cash.

5. Send your entry, payment and stamped self-addressed envelope to:

(please use business sized envelopes – 110x220DL)

Wannamal Wander Rogaine

PO Box 321
BAYSWATER WA 6933

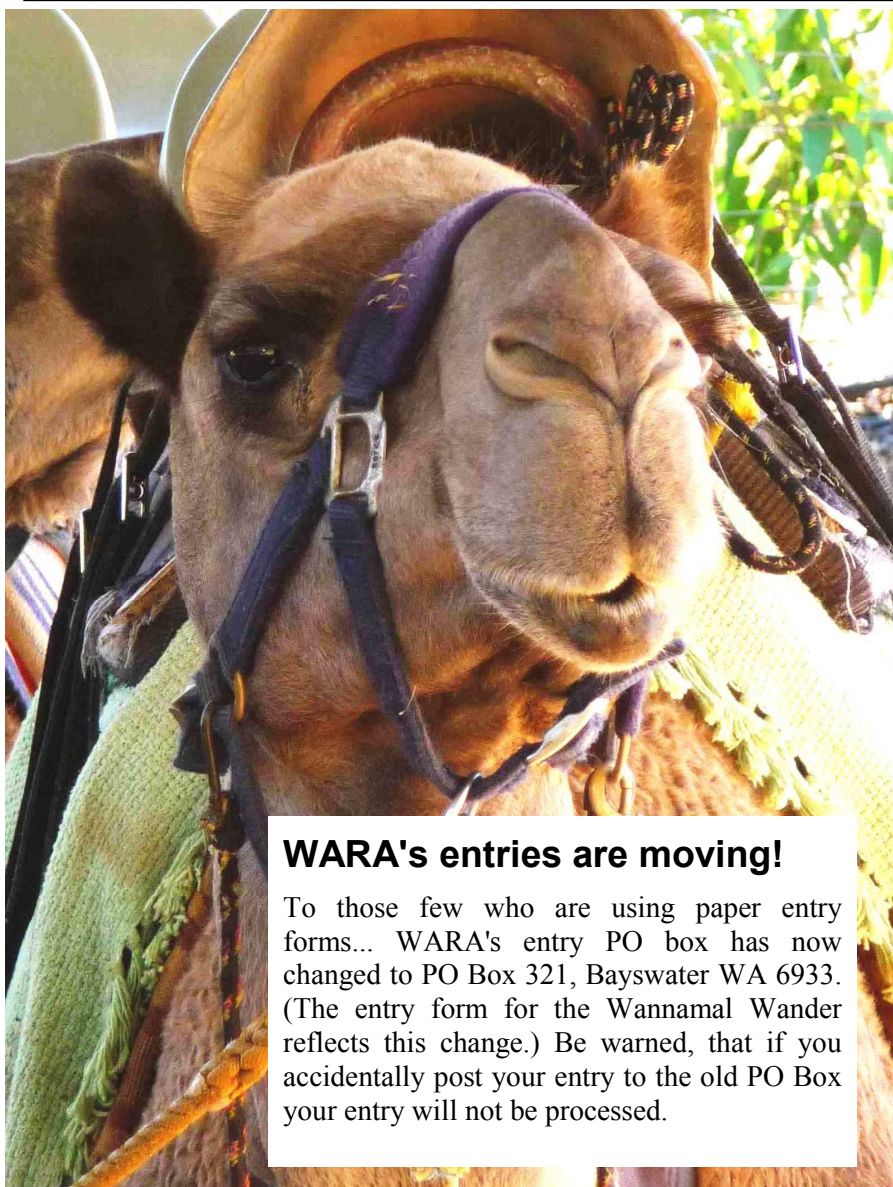
- Enquiries** Contact Sue on 9472 6822 BEFORE 9pm
- Close of entries** Wednesday 24th April OR earlier if the event has reached capacity
- Event Directions** The team contact will receive event information soon after Monday 29th April

ADMIN USE ONLY

Payment Received

Bank / Credit Union / Other

Money Owed OR Refund



Claudia says: "Did you miss me at the last rogaine? Don't miss the next... Register now. Or volunteer to help. Get bac-trian nature or camel ong to help on the day — it's all good fun!"

WARA's entries are moving!

To those few who are using paper entry forms... WARA's entry PO box has now changed to PO Box 321, Bayswater WA 6933. (The entry form for the Wannamal Wander reflects this change.) Be warned, that if you accidentally post your entry to the old PO Box your entry will not be processed.

To Help with a Rogaine:

1. Select your preferred event and your favourite role (see page 3), then
2. Contact Donna Colum, WARA Volunteer Coordinator at
donna2711@westnet.com.au
or phone Donna on **0438 34 3331**

Electronic Newsletters

If you would like to receive an electronic copy of this newsletter rather than a hardcopy, there is a link at the bottom of the Home page on the WARA website wa.rogaine.asn.au that will let you nominate to receive electronic newsletters. Or email Sue Monter at CampingOut@bigpond.com. Sue will change your default setting to electronic.

WARA E-mail List

WARA has an electronic announcement list for members. It is used to advise subscribed members when our web site has been updated, results are published and when other announcements need to be made. It is an excellent way of staying in touch.

To subscribe, go to <http://wa.rogaine.asn.au/e-news> and follow the simple instructions.



Your Rogaining History

Jim Langford has compiled a database of the results of all WA rogaines, with details of team composition and overall places. If you want to retrieve all of your rogaining history - who you competed with, which events you did, and how well you did, contact Jim at jimrun@iinet.net.au



Partner Match-up Service

WARA offers a partner match-up service. If you find yourself in need of a rogaining partner, why not give Penny Dufty a call on 9299 8228 or e-mail pennyd@westnet.com.au

Please note: if you team up with a partner that you have met using this service, could you please call Penny back so she knows who is available.



First Aid Training

WARA will pay for members' first aid training or refresher courses. All you need to do in return is to occasionally be our first aid officer at events. For more information call Warren Smith on 0407 773 697.



If undelivered, please return to :

WARA
PO Box 321
BAYSWATER WA 6933

If your name and/or address on this newsletter is incorrect,
please fill in this section and return it to WARA

Name : _____ Telephone : _____

Address : _____

_____ Postcode : _____

Old Address : _____



April 2013

**SURFACE
MAIL**

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